

THURSDAY, MAY 30, 2013

A STARPHOENIX COMMUNITY NEWSPAPER

ONCE UPON AN AUTHOR

WRITING FOR YOUNG PEOPLE
HAS MADE PUBLISHING STARS
OF CITY WRITERS LIKE
BEVERLY BRENNAN **P. 7**



FREE

FASHION

What's your favourite summer fashion trend?

Email bridges@thetarphoenix.com

FASHION YXZ

Abigail and Rachael Kenny: Identical twins, identical styles

By Michelle Berg

Abigail and Rachael Kenny are identical twins, but identical lives. Both have young children, work corporate jobs, share the same friends, go to the same places and live only a few blocks away from each other.

"Your life sort of dictates your fashion. We have similar lives so we wear a lot of the same clothes," explains Rachael.

Rachael is a marketing and communications specialist at Hitachi with a three-year-old and a nine-month-old. Abigail is a financial systems coordinator at the health region with a 34-year-old and a two-year-old. Their mother is from London, England, so both of them travelled to London as art as children where they acquired their sense of style.

Rachael describes her style as British casual. She always wears black tights and black shoes with dresses and a lot of black jackets and cardigans. "I like to layer a lot — I don't like to be exposed."

"We two — no basic, clean," said Abigail.

Abigail's style is more similar with a lot of neutrals and layers. "It's mostly baggy on the top, skinny on the bottom."

They both love to shop together when travelling and they end up visiting the same stores and buying the same things.

"We've gone to different cities and met at a wedding and showed up in the same dress (different colours) with black tights and baggy black boots."

They like to shop locally and often find pieces when travelling to Grand Luxe and HM. Torus, Spinn Parts and The Gap are a few of their favourite places in Saskatoon. Top Shop H&M and Levi's are they always visit when shopping in London.

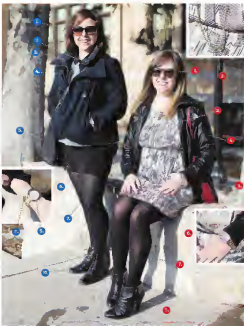
"When we were younger, it was really hard to find something different than a chain in Saskatoon so we always loved going shopping where we're travelling," says Rachael.

Both twins are more interested in fashion now that Saskatoon's fashion scene has improved.

"We like to look nice but we're no fashionistas," says Abigail.

People mistake one twin for the other all the time; their hair being the only thing that is some times different (and not by much).

"Our parents made a point of not dressing us the same so we wouldn't be those weird twins. Now we do anyway," says Rachael.



Outfits: Abigail

1. SUNGLASSES: Michael Kors from Spinn Parts
2. SHIRT: Gap
3. SWEATER: American Apparel
4. JACKET: Torus
5. BAG: Marc by Marc Jacobs from Luxe
6. SKIRT: H&M
7. TIGHTS: Hue from The Bay
8. BRACELET: Luxe & Hill
9. WATCH: Michael Kors from Spinn Parts
10. SHOES: Top Shop in London, England

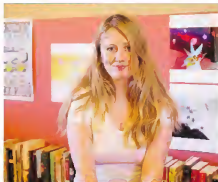
Rachael

1. SUNGLASSES: Retro Super Future from Spinn Parts
2. NECKLACE: Banana Republic
3. DRESS: Top Shop in London, England
4. JACKET: Joly
5. BAG: Top Shop in London, England
6. WATCH: Michael Kors from Spinn Parts
7. TIGHTS: American Apparel
8. SHOES: Aldo

Identical twins Abigail and Rachael Kenny have similar tastes in style. (PHOTO COURTESY OF MICHAEL KORS)

INDEX

ON THE COVER PG. 7



Julie Kasper's 19th is a number of retirement-aged adult readers who call Saskatoon home
PHOTO BY MICHELLE BERG

TABLE OF CONTENTS

FASHION — 2

There's Brit casual style mainly sourced in Saskatoon

INVENTORY — 4

Clear for an active summer at Phileas Sammit Shop

IN THE CITY — 3, 6

River Landing ideal place for parkour enthusiast

COVER — 7

We say for your paradise live music publishing stars of several Saskatoon writers

PARENT TO PARENT — 15

Parents share their thoughts on kids social media usage

CITY NEWS — 16

Saskatoon Fashion and Design Festival promotes community and designers

READ MY BOOK — 17

SHARP EATS — 16

Guest chef diners a hot trend in Saskatoon

CROSSWORD AND SUDOKU — 18

ASK ELLIE — 21

EVENTS — 22

ON THE SCENE — 24

All the TWIGA Women of Distinction Awards

WINE WORLD — 26

A Malibu to make you swoon

OUTSIDE THE LINES — 27

Artist Stephanie McKay's weekly coloring creation

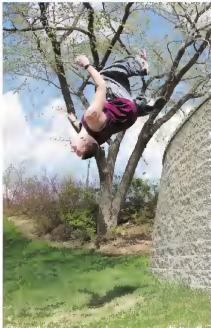
GARDENING — 29

Advice on combating soil webworms in your lawn

SPACES — 30

Mid-century modern home accented with global flair

MY FAVOURITE PLACE PG. 6



Tyler Hunter does some tricks at River Landing, his favourite place to free run in Saskatoon
PHOTO BY MICHELLE BERG

BRIDGES COVER PHOTO BY MICHELLE BERG

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INVENTORY

We want to hear from you! Tell us about your local business.
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THE PRAIRIE SUMMIT SHOP

Husband and wife Geoff and Regan Horn opened this store in 2006 to reflect their favourite brand: The North Face. Words like "comfort," "style" and "water" also explore "discovery" the colourful store, which is full of outdoor and athletic wear, hiking and camping gear for men, women and children. Regan Horn likes the brand because it isn't "conspicuous" in a way, "it's not just the jacket or the shoes," and it's easy to put an outfit together when everything matches so well.

The store, which expanded to Saskatoon in 2009, is open Tuesday through Saturday at 601 5th St. E.

BRIDGES PHOTOS
BY BENJA SCHLOSSER

1. LET IT RAIN North Face waterproof lifestyle raincoats: women's Carli jacket, \$169; men's Stibbel jacket, \$199

2. STAR WALKER North Face Verso micro hoodies, men's and women's, \$269

3. RUN RUN AWAY North Face Schur Thru-Packed collection running clothes: women's jacket, \$150; women's shirt, \$40; women's hyper track shoe, \$120

4. NO LOOKING BACK North Face Atlas 3s backpack, \$189

5. ROLLING ALONG North Face suitcases: Rolling Thunder medium duffel, \$300; overhead small duffel, \$200



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IN THE CITY

#MAY 25, 2013 - 12:28 P.M.

On the march



About 200 people participated in the Saskatoon leg of the worldwide event March Against Monsanto. Organizers' goal for the march was to educate people. They claim not enough research has been done on the health effects or unintended consequences of genetically modified organisms (GMOs). Rallies were also held in 20 other countries on May 25. [Related Photo in WORLD:U.S. News](#)

YOUR FAVOURITE PLACE

Bridges wants to hear about your favourite place in Saskatoon! Email bridges@thestarphoenix.com

MY FAVOURITE PLACE

A place to flip out and unwind

By Angelina Irimaci

Tyler Harder goes to River Landing to relax. But, as Harder says, he relaxes quite differently than everybody else. While most people flock to the area to unwind and take in the scenery, Harder is busy doing flips and tricks or jumping from one place to another. This is called parkour and free running, urban sports that the 36-year-old has been doing for almost six years. It's still very new to Saskatoon, and although the number of participants is small, the passion is big. You can find Harder at River Landing almost every day in the summer — and you can bet that he is always doing tricks.

Q What actually attracted you to River Landing?

A The layout ... the steps ... all the pipes and jumps I can do here are perfect. An architect here sends stuff online with creativity. I can start from one end (Victoria Bridge) and end at the other (the Farmers Market) and be something different every time.

Q What is parkour and free running?

A I always have a hard time explaining it. In its broadest terms, it's getting from point A to point B as efficiently as possible, only using your body. But that's kind of a watered-down definition at this point, it's almost a truism now. It's comparable to skateboarding or any extreme sport. You use your body to come up with creative ways to get on objects and push your limits.

Q Have you had any bad injuries while training at River Landing?

A None so far. I'm pretty lucky so far.

Q What about injuries?

A The worst I've had was a sprained ankle, but that was from screwing around on the trampoline. I've been very lucky. Three friends that have not been lucky. A buddy of mine hit his head on the wall (near the concourse stairs). He did a flip and cracked his head and had to get stitches. That was probably the worst one here.

Q What kind of reactions do you get from people who happen to see you doing tricks?

A Hesitant are kind of most. I'm here to just relax like anybody else. I just relax in a different way. Some people take that as me showing off but I really don't care if anyone is watching. A lot of people with kids will come up to me and ask me to do something again because the kids really like it. A lot of older people are really freaked out by it. I had one lady who told me that she was going to call security but security guys have seen me here and I've never had a problem with them. It's a public space and I am not vandalizing anything but some people take offense to it. But most of the reactions are pretty friendly.

Q What's the feeling you get doing stunts at River Landing, when it's all concrete, metal or grass? Do you get nervous?

A Absolutely. But that's kind of where the rush comes from. You convince yourself you can do something that you've never done before. It's kind of scary, but when you do that and that rush is there and you just overcome something, it's a pretty cool feeling. If any thing is scaring me at all it's all the wisdom as soon as I start doing this stuff.



Sheridan does some stunts at River Landing, his favourite place to parkour and free run in Saskatoon. BRIDGES PHOTO BY MICHELLE PETER

ON THE COVER

I think the writing community here in Saskatchewan is extremely supportive.
— Alice Kuipers

YOUNG ADULT AUTHORS

Some of the best writers call Saskatoon home

Groups, organizations offer plenty of support for city's authors

By Ashleigh Mattern

Books line the walls of Beverly Brexna's office in the Education Building at the University of Saskatchewan. She's soft-spoken as she describes her early writing life: she started as a poet, publishing her first poem at age seven, and continued to write poetry through elementary and high school.

Her first introduction to writing children's literature was through an undergraduate course she took while studying education.

"I suddenly had this epiphany that children's literature was literature: quality, genuinely beautiful and important for kids," said Brexna, author and assistant professor of curriculum studies at the College of Education at the U of S.

Her passion for writing about children for children has led, most recently to her book *The White Bicycle* being named a *Printz Honor Book* by the American Library Association — making her one of only three Canadian authors in the last 25 years to receive that honour.

The White Bicycle is the third title in the *Wild Orchard* series, which follows Taylor June, a teenage girl with Asperger's syndrome. Of all the characters in her now-published books, Brexna says Taylor June is one of her favourites.

"I've got to know her through my imagination in elaborate detail. She has developed as a very spunky character — unpredictable. And because of that there's been a lot of surprises for me as I'm writing, as the sort of dialogue continued on Page 8



Local author Beverly Brexna's book, *The White Bicycle*, was named a *Printz Honor Book* by the American Library Association. Roberts Photo by MICHELLE BOND

I suddenly had this epiphany that children's literature was literature — quality, potentially beautiful and important for kids — **Beverly Brenna**



Author Beverly Brenna poses with her puppet Mortimer that she uses for storytelling to preschoolers. (Brenna photo by MICHAEL BROWN)

Some of her works are considered to be crossover into adult literature. The Moon Children and the Wild Geese series have been read by adults, both for enjoyment and in the study of characters who are differently abled.

The main character in The Moon Children has lived at a school for three decades.

Brenna says the writing and reading community in Saskatoon is part of the reason she's done so well thus far.

She has a long list of groups she believes are key to creating an encouraging artist atmosphere in the city: the Saskatchewan Arts Board, the Saskatchewan Writers' Guild, the Saskatchewan Book Awards, the University of Saskatchewan public libraries, local bookstores like Word-Passions, local radio and television, and local publishers like Thirdstone Press. In particular, she says her education in the liberal arts at the university has been a significant role in her own success in writing.

But perhaps most important to supporting and inspiring her creative work are the other creative people in the city.

"I think I'm motivated when I see a new Beth Gooley title or a new Alice Kuipers title, or Arthur Biale or Dave Paulsen, a kind of communal cheer goes up from the community of writers when we see our own doing well. And it certainly can't help but motivate me."

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That might be part of it, that they've been inspired by writers like Alice Kuipers.

—David Poulson

Building a community

Alice Kuipers, whose book *Things I Want to Tell You* won the Saskatchewan Young Adult Literature Award at the Saskatchewan Book Awards in April, agrees with Brouss that there's a lot of support for writers in Saskatoon.

"I think the writing community here in Saskatchewan is extremely supportive." She notes the importance of groups like the Saskatchewan Writers' Group, and events like the Saskatchewan Festival of Words in Moose Jaw and the Word on the Street Festival in Saskatoon. "All of these elements foster a community where creativity feels possible."

Kuipers has had three books published (Julia on the Subterranean Door, The Worst Thing the River Did, and the short story book *Things I Want to Tell You*). A new young adult book is in the editing stage, and she has a picture book coming out next year called *The Best First Book Moose Book by Violet and Victor Small*.

Continued on Page 10



Alice Kuipers shown here in her study, says writing groups and festivals help foster creativity in the city. **REPORTED PHOTO BY MICHELLE RICE**



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Quite honestly, there's some pretty darn good stuff that I hope one day will find its way into print
—Poulson



Author David Poulson is the 12th writer-in-residence at the Saskatoon Public Library. BRIDGES PHOTO BY MICHAEL BIRN.

He was the writer in residence at the Saskatoon Public Library for 2009/10, and also says it's one of the most useful programs in the city for emerging writers.

"It's such a good way for writers to be able to improve and grow."

The current writer-in-residence, David Poulson, said he first came into contact with the Saskatchewan writing community through his position at the library. He's been especially impressed with the talent that has come through the doors.

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It's inspiring for them to see somebody who's alive and who comes from Saskatchewan, comes from a small town, and is a writer. It lets them know that writers are real people. — Arthur Slade

"I encounter a whole lot of emerging writers because of my position. I will have met with over 500 people (in total) any time is up at the end of May. I haven't broken down the numbers, but a significant number of that group are young folks far from both children and young adults, and quite honestly, there's some pretty darn good stuff that I hope one day will find its way into print."

Posner has 20 books published, the majority of which are for young adults. His most recent book, *Old Man*, launched in February in Saskatoon.

As an educator looking in, he wonders if the mouth of talent in young adult fiction has something to do with the success of the established young adult writers living and working here.

"Maybe that's provided inspiration to those other people who are emerging and thinking, 'what do I want to write? Maybe I should try something for kids.' That might be part of it, that they've been inspired by writers like Alan Raguers."



Young adult author Arthur Slade has 17 novels published. He recently spent a week speaking to students in 15 Regina schools. (KIMBERLY PARRIS FOR MIDDLE NEWS)

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(Saskatoon Public Library's Writer in Residence program is) such a good way for writers to be able to improve and grow. — Kuipers

ARTICLE PHOTOS: TOP BY GUY LAWRENCE/STANDARD PHOTOGRAPHY; BOTTOM BY GUY LAWRENCE/STANDARD PHOTOGRAPHY; BOTTOM RIGHT PHOTO BY GUY LAWRENCE/STANDARD PHOTOGRAPHY



Alice Kuipers at Saskatoon's Word on the Street Festival in 2012. This year's festival will be held Sept. 22 in Civic Square and around City Hall. IMAGES TOP PHOTO BY GUY LAWRENCE

Reaching out to readers

Beverly Berman's most talk in a book of poetry for ages seven and up called *The Day House* Poetry Restaurant. It's about eating bugs.

"If ever you've been lugged by bugs, please don't be so judgmental," she retorted. "With a good chef and half a chance they might be quite delicious."

When she first started writing out her *Day House* manuscript, she received some "interesting" rejection letters, she says, one of which read, "The poems make me sick to my stomach." But the book isn't for adults, it's aimed at coaching reluctant readers.

"As a teacher, I know we haven't done the best job of that in education. We're often forced very stilted, hard reader collections that

haven't captured children's hearts. If kids don't like what they're reading, they're not going to be motivated to read it, and the more they read the better they'll be as a reader."

Another important part of reaching out to young readers is through visiting schools. Kuipers says young adult writers tend to spend more time with their readers than writers of other genres, because they're invited to speak at schools. He spends 75 to 80 days a year speaking at schools.

Arthur Blake, author of the internationally acclaimed *Thankback* Assignment series, says visiting schools becomes "one of your job descriptions" when you're a young adult writer. He recently spent a week visiting 16 schools in England.

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If kids don't like what they're reading, they're not going to be motivated to read it, and the more they read, the better they'll be as a reader. — Brenna

"It's a nice part of my career that I can go and stand in front of an audience of grade-four to eight and tell them about writing and get them excited," he said. "It's so opposite of what I normally do. And it's inspiring for them to see somebody who's alive and who comes from Saskatchewan, comes from a small town, and is a writer. It lets them know that writers are real people."

Slade's next book (due out soon) is called *Pickers*, a horror novel set in Hollywood in the 1950s.

He says a strong writing community in Saskatoon in all genres, from poets to non-fiction to young adult fiction. And Slade is married to a musician who is also a writer and actor so his family sees many different sides of the creative community in Saskatoon.

"It does make you feel like something is really happening here and that in itself makes you feel like you want to be a part of it. I think it all does feed into that joy of creating and that need to create too."



David Poulton stands in front of the Wall of Fame at the Saskatchewan Public Library — a collection of 30 writers at a reception before the Saskatoon Poetry Festival.

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NEXT WEEK: At what age can a child decide his or her bedtime? Email bridges@thestarphoenix.com

By Chris A. Miller, a columnist who writes about parenting and family issues for The StarPhoenix.

PARENT TO PARENT

Each week Bridges, in connection with SaskatchewanMoms.com, gathers advice from parents to share with other moms and dads. This week we asked:

Do you or will you allow your kids on social media?

"My kids won't have Facebook until they are in high school. When you sign up for an account they say you have to be 13. My kids can talk to family through my email account and look at photos of family on my Facebook. Social media is dangerous for children, however being online is essential for school learning and parents." —Geri Swanson

"Yes, I do but it's monitored. I think knowing the risks is the important factor. It is a part of today's society and a way of communicating with the world. But it is important to monitor what they are doing to keep them out of trouble and away from predators." —Teresa Chevalier

"High school or later, our kids live so that is a long ways away!" —Courtney May

"With today's society, being online is almost essential. My kids will be allowed on social media and I feel they are ready and it will be monitored very closely." —Ashley Platt

"My six year old has Facebook. She uses it about once a month with her super-ween. She only uses it to talk to family she doesn't use." —Denise Taylor

"My children are only 8 so they are not on social media yet... obviously once they are older I'm sure social media will become apart of their lives. When the time comes for them to access social media there will definitely be rules about how much time they can spend on it. Types of activities that are permitted and they must provide me with their password at all times. I think it's important to teach children the appropriate conduct for using social media when the time comes for them to use it." —Michelle Dordick

"No, my daughter is only 7 and I hope that she won't be interested in going on it and she is at least 12. We'll have to wait longer, but there is no need." —Chris Miller

"Our boys are 13 and 15 so definitely not yet and I will try to resist as much as I can as long as possible. When they are older I don't think I will be able to stop it, but I would limit screen time and observe for sure."



"I feel that we will as a society spend too much time online and not enough time focusing on relationships like we should. So I have to teach my boys the value of good relationships but to stay conversations in reach as I can't sit there and say."

"I believe he is older and to quote Devin Shivers, a teacher in Boston, we will help him shape his digital footprint. I will teach him from a young age what is and isn't appropriate in the digital age as we all know, privacy settings mean nothing. This includes what not to post online, not posting pics of others without their consent, and ensuring he digital trail is one that would be looked on favorably by his employer, a scholarship committee, a university program, etc. We be will likely make a few errors but we will try to give him all the tools available to ensure he puts his best foot forward in today's digital environment." —Lauri Lund

"Educate, supervise and cross fingers... and perhaps later signing contracts guaranteeing in each generation is close to the way that we will have to do it." —Evelyn Laird

"Yes, I will probably allow the kids access to social media sites. It seems to be the way that kids communicate now. Of course I would monitor their activity and teach them how to use the Internet effectively while not to do and what things to avoid. I would teach them to teach them to keep their names going to a friend's place and doing who knows what!" —Cari Conners

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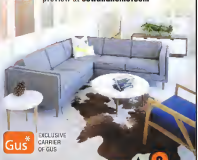
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CITY NEWS

SASKATOON FASHION & DESIGN FESTIVAL

Festival promotes community and local designs

By Angelina Irmaci

"Growing" is the word Candace Fox uses to describe Saskatchewan's fashion industry now, and one day she hopes it will be known as "edificator."

Fox wants the province's fashion industry to gain more recognition. That's why her, along with a team of four other women, are part of Saskatchewan Fashion & Design Festival (SDFDF), a celebration dedicated to all things fashion and culture. Their mission is to be known as the central city's fashion hub while helping the industry get the respect it deserves.

"This is all volunteer. We're kind of like a group of girls that have come together and we're trying to elevate the Saskatchewan fashion industry and by doing that kind of elevate Saskatchewan as well," says Fox, SDFDF's media representative.

Fox's love for fashion began as a toddler — she's been changing her outfit three times a day since she was three years old. It's that kind of love for fashion that brought the five women together. They see the importance of Saskatchewan's fashion industry and want its talent to be celebrated. SDFDF started about five years ago but didn't fully take off until last year with its first major festival. They chose the term "Fashion Festival" instead of "Fashion week" because the festival includes a number of interactive events that bring the community together so anyone can get involved.

This year's festival features more than just models and merchandise. The four-day event kicks off on May 30 in Saskatoon with its Fashion at Midtown Plaza a free workshop with industry experts discussing about this year's trends.

Throughout the festival a free exhibit taking place at costumerhouses is being held at AKA Gallery. The gallery will also host the launch party SDFDF Night Out, a 10-hour event with shopping, refreshments, music and appetizers.



Melissa Squire, who is president of the Saskatchewan Fashion & Design Festival, uses a variety of materials in her work — most recycled items. SQUIRE PHOTO BY MICHELLE BORG

What Fox calls the "trend and history" of the festival is the SDFDF Runway at Mercedes-Benz on June 1. The centred-themed show is complete with trophies, awards, entertainment and, of course, the province's top designers' newest collections.

"We're so excited about that," Fox says of the runway show. "Nothing has been more late than yet in Saskatchewan and we're kind of hoping to set the bar in terms of fashion shows because this is going to be completely outrageous."

The following afternoon is a free show at River Landing called Rise. While the Mercedes-Benz show has

more mature looks, Rise will show designers' spring and summer ready-to-wear fashions. Local designers and owners of Alderney Clothing and Selen, Melissa Squire, took part in last year's Rise and remembers the show for its "outrageous" feel.

"There is definitely a crowd that comes to it and a crowd that forms from it," she says. "It's really cool to see. I like that it's out in the community and everybody can come."

Saskatoon's tight-knit community is something Squire holds dear. She stresses not only the importance of a local fashion industry but supporting local designers and entrepreneurs.

While others are flocking to opposite ends of the country to make their mark in the fashion industry Squire is perfectly happy in Saskatchewan.

"I just don't think that I could do the things that I currently do else where. I'm very much tied to Saskatchewan and I will be here. I am staying here," she says.

Known for her little magined all-bourles and flaring punk and pretty, Squire will be featuring pieces that include bright colours, bell pants, waist and sleeves. She also uses recycled materials like old tire tubes which she turns into accessories. While she saves costs with recycling,

stricken from a heavy workload. Squire says her preparation for SDFDF has included nearly 30-hour work days, but adds that it's definitely worth it — and it's paying off.

"I think that Saskatchewan is finally taking us seriously and is taking artists and artists people seriously," she explains. "It's not handmade. It's handmade. And that's the difference."

The Saskatchewan Fashion & Design Festival runs May 30 — June 2.

Tickets for the events are available exclusively online at sdfdf.com. For more information check out www.saskinfofashion.com.

SHARP EATS

SASKATCHEWAN FOOD TRENDS

Guest chef dinners heat up local dining scene

By Jenn Sharp

Suppose you wanted to sample cuisine from one of Canada's top chefs but you didn't want to shell out on a trip to Ottawa or Montreal?

Cooking here and guest chef dinners have become a hot trend across Canada and have now made their way to Saskatchewan.

A complete "tasting experience" is how Marc Lapine describes what patrons discover at his Ottawa restaurant, the nationally renowned and five-starred *Archie*.

Anthony McCarthy, executive chef at the Saskatoon Club, brought Lapine to the city recently for the first of the club's Guest Chefs Dinners Series.

"He wanted to bring in someone with a completely different cuisine style to anything we currently have in Saskatchewan."

"I really wanted to see Marc have his food represented. He has great food, a great reputation and he's a great guy," says McCarthy.

With the help of McCarthy and his staff, Lapine crafted a five-course menu inspired by French, Japanese and Canadian elements in a wholly modern presentation.

Archie has become famous for the unique dishes Lapine (who was the 2010 Canadian Culinary Champion) and his team create every night.

A 12-course, \$118 tasting menu is available based on what's fresh and what's in season. A lot of fun is had in the kitchen with temporary names of the dishes (caviars and viral caviars).

"There's a visual element almost going on with some of the dishes. It makes people think and gets them excited about food. We want people to leave talking about it," says Lapine.

Diners are meant to be triggered over and over at *Archie*. Guests typically spend three hours in the mood (20 seats available). Many of the world's best restaurants offer tasting menus. This gives the chefs



Chef Marc Lapine of *Archie* in Ottawa prepares a multi-course meal for the Saskatoon Club for a Guest Chef Dinner. Series events feature a focus on chef's fresh, unique ingredients presented in a modern and exciting style. Top photos courtesy of Marc Lapine/Archie. Chef Photos Photo: @mrcapine

complete control over the dining experience.

"It's like a production. It enables us to provide the experience we want to give people as opposed to them select a la carte."

For Lapine presentation is as important as everything else. Flavor is number one but "we're excited and we

have that time to put that detail into the presentation."

The Saskatoon dinner was a new challenge for the Saskatoon Club chefs—several other chefs from around the city came to help out with the event and learn from Lapine. The tasting menu has always been a staple for him.

"That's how I like to eat," explains

Lapine. "I like to sample lots of different things in an evening. As a new wannabe as a chef, the chef I always look to were the ones that ran restaurants that did nothing but tasting menus."

The event was the first for the Club's Guest Chef Dinner Series. The next will be held June 30 with Martin Le

mons (the 2011 Canadian Culinary Champion) from Montreal's *Pléiade* restaurant. The cost of \$118 for the dinner includes tax, wine pairings and gratuity. Reserve by calling 306-663-1188.

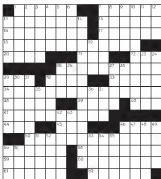
And what did Lapine think of his first visit to Saskatoon? "It's a wicked city."

CROSSWORD

NEW YORK TIMES Edited by Will Shortz

ACROSS

- 1 Elixir (wordplay)
 4 Boulder (wordplay)
 12 Pensive (chocolate)
 13 Inevitably
 16 Birthday cut
 17 Put on
 20 Classic cartoon in which "all day middle" is said to a Warner tune
 22 Dried out
 27 When a partner
 32 Keep against
 35 Onetime presidential candidate on the Packer-Gallagher
 39 "Like XL" maker for shoes
 42 Composite ingredient
 43 Child actress (short of "name of the South")
 44 Travel guide
 45 Handle the books
 46 Checkup
 48 Enter the...
 49 Time in Times Square (like)
 44 Refill a chair to add it
 45 Tires summer



- 46 Handful (depression)
 48 Mapmaker (chase)
 49 "A bird in the hand is worth two" (Aristotle)
 50 Spring on African continent
 51 "Scorching"
 52 Best way to defuse a bomb
 53 Doesn't catch any
 54 French verb
 55 Series

DOWN

- 1 Squared is only maybe
 2 When you're down
 3 "The Old Castle"
 4 Cardless

- 4 In short, say
 5 Down (cognitive)
 6 Auto guides by no means
 7 Ladies
 8 "Lead"
 9 "A person's life"
 10 Product of size
 11 Under's word telling
 12 Put away
 13 "Like officers of 'bank words' spreading"
 15 Indefinite
 16 Pensive (sermon)
 17 High...
 18 Hat of France
 19 Seven coast embers
 20 "I'm sorry" (I wish)
 21 Possible prey of a 27 down
 22 Deniable, as a job
 23 Lin's client
 24 Locker house (Sudoku)
 25 Director (France)
 26 Small one (fruit)
 27 Guarded place
 28 It's back of the head
 29 Perf with feelings
 30 Possible conductor of a 25 down

Photo by AP/Wide World

Saskatoon Opera Presents

CARMEN

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JANIRIC
 CLASSIC
 SUDOKU

Level: Gold

Fill in the blank cells
 using numbers 1 to 9.
 Each number column
 can only appear once in each
 row. Columns and 2x2
 blocks like larger and
 process of elimination
 to solve the puzzle.
 The difficulty level
 ranges from novice
 (level 1) to Silver
 or Gold (level 5).



Sudoku is the
 crossword puzzle of
 the Sudoku world.
 Found on Page 25



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ASK ELLIE

Parenting course may help new father get involved

Q I've been married for five years and have a new baby. But my spouse was very uninvolved with my pregnancy, despite that we're already had two miscarriages. He wouldn't "wade" his time coming to doctor appointments.

I tried to involve him in reading questions he'd like me to ask the obstetrician, but he declined me.

When the baby started kicking, he didn't want to feel it. Nor willingly discuss parent outcomes for the maternity.

I also had problems with my parents, which caused me MUCH more stress and anxiety, and he wasn't interested in discussing it with me.

Luckily I saw a psychologist. It was a very hard pregnancy emotionally.

Now that the baby is here, he's helpful, but would rather do things by himself on weekends, i.e. yard work. Can he help me with the baby that I miss for me?

I understand he has to work, and has limited time to himself, but on this baby experience as new to both of us, we should be learning about her and helping each other out?

Ask Ellie



She was stressed a lot during her feeding and he was me crying I said, "She's only two weeks old, the yard work can wait." His response, "Do I have to hold your hand every time?"

Miscarriage: he's struggled with the baby, thinking she doesn't feel nourished by him and doesn't like him. I was supportive. But I don't get that support in return.

How do I continue to live in a marriage like this?

So Askie

A: Your most important focus during these early months is to feel secure and bonded with your baby. Even troubles with your parents and disappointments in your husband need

to be set aside until.

It's good that you supported his feelings of inadequacy. That is new to him too, and the miscarriages may have made him afraid to be involved. That's not a great excuse, but it may be real.

Once you're more settled with your infant—and can involve continuing to see the psychologist—you can talk to him about being a parental figure.

Taking a parenting course together, reading parent help books, talking to other new parents on a support group all can help you both realize that adjustment to a new baby is a normal process.

READER ALERT—Does any of you still find the following question disturbing? But I believe it'll be a disclaimer to this young writer and many others, for me not to take it seriously.

Many children are dealt with sexual requests such as fathers, at an age where they have no idea how to respond. That uncertainty can lead them to being bullied, teased and worse.

Q This guy a few years older wants

me to give him oral sex. He always mentions that he'd know me has thing. What should I say or do?

Ask Prouse

A: Say NO. You NEVER have to do something another person wants, that makes you feel uncomfortable, afraid or even unsafe.

Ask NO Walk away. Avoid him. His suggestion's rude, not a compliment. He wants that so he can hang about it, take a photo and/or show friends. That's how destructive images get sent around on the Internet and harm a person's daily life at school and with friends.

He's not a decent guy who cares about you. He's really no different from a stranger/father from whom you'll run.

So run. And if he asks you again, report him to your parents and school principal. If he persists you, report him to police.

Q Three years ago, my daughters, 16 and 13, were attacked. My younger daughter didn't survive.

Since then, I've struggled raising three surviving children. I was never really diagnosed. I've been diagnosed with post-traumatic stress disorder — PTSD. And, I achieved a college degree. I found a job, but high stress and inconsistent hours exacerbated my PTSD, causing daily panic attacks. My youngest child, eight, still has emotional issues, and I had to quit work.

I'm now living on assistance, hardly scraping by. If I don't find another job, I can't pay my bills. I have increased health/insurance, and nightmares due to the trauma.

Can't Move Forward

A: As a victim of violence, your family may qualify for court-ordered programs that could help with counseling, job search, and compensation. Please visit

seek local community help for you and your children, through family agencies YWCA programs. Do online searches and get you active. Re-visit whenever diagnosed PTSD for treatment advice and a support group.



Next week in BRIDGES

Local news anchor
Lisa Dutton is one of the women in Saskatchewan's public eye

EVENTS

MUSIC

Thursday, May 20

Topical kites
Cricket Restaurant and Lounge
46-221 Pishouse Dr
5:30-10 p.m.

Pubby on the Pub Electrifying
Hibilly Punk & Rock
Bucks on Broadway
ET Broadway Ave.
7 p.m.

Flying Fox and the Hunter
Golfers w/ Minor Matter
and The Crocking
Vampires Tavern
551 Broadway Ave.
8 p.m.

Mudmen
Buck the Dollars
63-62 Broadway Ave.
8 p.m.

Friday, May 21

Plano Fightin' w/ Neil Camille
Deeds Series: The Cells Are
Coming w/ Back of The Box
and The Redheads
The Basement
63-202 Fourth Ave. N
8 p.m.

Men With Hats
Bucks on Broadway
ET Broadway Ave.
8 p.m.

3-Peak + One
Army & Navy Veterans Club
391 First Ave. N
8 p.m.

Dorrie Amos
"See You Tomorrow"
1630 Knight Dr
8 p.m.

The Old Thyme Rhythms
Men
Full-Service Restaurant
103 Fernwell Cres.
8 p.m.

Lynn Jackson
Marilyn Robinson
3130 Oak St.
8 p.m.

Owls by Nature w/ Summer
and Smith & Patricia
Vampires Tavern
801 Broadway Ave.
8 p.m.

Classy Chessa
Ampeg Clubhouse
632 Oak St.
8 p.m.

The Sheafess Jans and The
Groove
Rock the Bottom
3-68 Broadway Ave.
8 p.m.

Idle Reins
Starr's Place
106-110 Oak St. E.
8 p.m.

Jennume
Pizz & Pub & Grill
MO3A sthyed Dr. N.
8 p.m.

Rocky Night in Canella
Perr-Fest Cabaret w/ Hennessey
Sera
New Holland Training Center
230 Marston Dr.
8 p.m.

Jazz Duo Sinfonia Taitira
Tal and The Mieses
Orchestra w/ Meeting in
Progress
The Basement
63-202 Fourth Ave. N
8 p.m.

Men With Hats
Bucks on Broadway
ET Broadway Ave.
8 p.m.

Les Benington
Marilyn Robinson
3020 Louise St.
8 p.m.

The Henge
Lyn's Pub
6045 Seaford Ave. W.
8 p.m.

3-Peak + One
Army & Navy Veterans Club
391 First Ave. N
8 p.m.

Men With Hats
Bucks on Broadway
ET Broadway Ave.
8 p.m.

GPOR Side Island Foundation
w/ Miranda, Powder Blue,
Caveat and Seakings
Vampires Tavern
801 Broadway Ave.
8 p.m.

Muzzfest 2010 w/ Life Line
Rivers, Empire and King As
Ocean
The Ocean Events Center
260 Seaford Ave.
8 p.m.

Northwest w/ The Mieses
Artists Center
632 Oak St.
8 p.m.

New Jacobin Club, Mistress
Maggie, Phoebe Christ and
The Mieses
Rock the Bottom
3-68 Broadway Ave.
8 p.m.

Idle Reins
Starr's Place
106-110 Oak St. E.
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Jennume
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MO3A sthyed Dr. N.
8 p.m.

Les Benington
Marilyn Robinson
3020 Louise St.
8 p.m.

Bliss Jam
Vampires Tavern
801 Broadway Ave.
8 p.m.

Tonight It's Poetry
Lyn's Pub
6045 Seaford Ave. W.
8 p.m.

Open-Mic
Lyn's Pub
6045 Seaford Ave. W.
8 p.m.

Open-Mic
Rock the Bottom
3-68 Broadway Ave.
8 p.m.

Johnny Broadway
Deirdre Club
Vampires Tavern
801 Broadway Ave.
8 p.m.

Souled Out
Lyn's Pub
6045 Seaford Ave. W.
8 p.m.

ART

Mendel Art Gallery
Until June 4, 10 a.m. to 5 p.m.
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Port of Mendocino
Mendocino, CA 95923

GPOR Side Island Foundation
w/ Miranda, Powder Blue,
Caveat and Seakings
Vampires Tavern
801 Broadway Ave.
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The Gallery/Art Placement
Until May 30 at 226 Third
St. S. Colour and Construction
New paintings by Robert
Christie.

Gordon Seagrove Gallery
Until May 28 at 101 Main
St. S. Colour and Construction
New paintings by Robert
Christie.

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8 p.m.

ON THE SCENE

POTASHCORP YWCA WOMEN OF DISTINCTION AWARDS



ON THE SCENE

POTASHCORP YWCA WOMEN OF DISTINCTION AWARDS

The PotashCorp YWCA Women of Distinction Awards honored the finest women in the community on May 23. TCU Place's grand salon hosted the event, which included a champagne reception, silent auction and dinner for 660 people. The awards celebrated women whose intrinsic wisdom, commitment and service efforts have enriched our community. Over \$100,000 was raised through the dinner and is a major source of financial support for YWCA's education services. YWCA focuses the lives of thousands of women and children here in our community.

Highlights of the evening included a moving speech by the youth award winner, Zandra Ray, who brought the crowd to their feet in a standing ovation. The best speech of the night came from the winner of the lifetime achievement award, Olympic athlete Margaret Nash. "I don't want to end at something, you have to surround yourself with people that will help you."

1. Zobe Ahmad and Stella Sperans
2. Helen Innes and Brenda Connors
3. Jill Clarke and Meagan Roth
4. Roxanne Woodley and Susan Bessie
5. Megan Gayer and Matt Nicholson
6. Cath Robertson and Tracy Stenken
7. Nana Akpan-Jemoko and Jenni Wraygood
8. YWCA board president Deb Barker Loewen and Julie Loewen
9. Cheryl Weston, Debbie Olson, Jennifer Jensen, Heather Morgan, Catherine Kelly, Hildebrand and Gail Soehren

10. Anne Shiplett (center), winner of the education award, is surrounded by the other nominees.

11. Esther Perry, Ann Perry and Donna Wilson

12. Allison Lyons, Dana Kofetz and Ken Albert

13. Margaret Nash (bottom right), the 2013 Women of Distinction Lifetime Achievement award recipient, with her family.



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WINE WORLD

EL ENEMIGO

A Malbec to make a man or woman swoon

By James Romanow

A new Malbec from Argentina can drive strong men into a swoon. I'm not entirely sure why Malbec has become the cool-of-the-moment, but there it is. Most of them are nothing to write home about. Lately my number of them is piled outside their door.

Given this somewhat sour frame of mind you can imagine that I approached El Enemigo without great enthusiasm. I was, however, pleasantly surprised, even excited, by the time the bottle was opened.

Enemigo means enemy, and there is a somewhat gossamer quality on the back label to explain the name. I assume the making of this wine was not easy. Whether that is due to the country's economy, the owner's economy, the climate or some intangible vint, I have no idea.

The resulting wine will appeal to those who love a fairly aggressive set of oak flavors. The oenophile and vintner will notice more strong notes to come. What appealed to me were the underlying flavors of earth and graphite, and a surprisingly strong structure. (Most Malbecs have all the backbone of an eunuch.)

The bouquet underneath all that new oak smells to me very good, probably due to the inclusion of some petit verdot, followed by a hint of slate and graphite. The palate

is tremendous, featuring flavors of herbs and spices (thyme and a hint of cinnamon), great blackberry and black cherry fruit, with a slightly peppery finish. If you're a Malbec lover and your budget stretches over the \$50 mark, you should give this wine a try. There's more of course and concentration in El Enemigo than you find usually.

El Enemigo Malbec, Argentina 2008 \$58

More wine in Monday's StarPhoenix or on Twitter @jromanow



Crossword/Sudoku answers

COSMOS	MISFIT
CASTLE	APIDE
OCCASION	ONNED
WHATSOEVER	ADIC
GERE	HEM
NRSSPEOT	
GMC	FEAR
AIRPORT	SECURITY
GLASS	EXAM
LOST	PORT
GLASS	SLE
PRESTO	CHANGED
IMPALA	WAGGERS
CALMLY	GAUNTERS
CREPES	WRETS

5	2	6	9	7	3	4	1	8
9	1	8	5	4	6	3	7	2
4	3	7	8	1	2	5	9	6
6	7	3	4	5	8	9	2	1
2	9	5	1	6	7	8	4	3
8	4	1	3	2	9	7	6	5
1	6	9	7	8	5	2	3	4
7	8	2	6	3	4	1	5	9
3	5	4	2	9	1	6	8	7

OUTSIDE THE LINES

Colouring contest

Each week Stephanie McKay creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to bedgus@thefiftyspiders.com. One winner will be chosen each week. Please send entries by Monday at 9 a.m.



Last week's contest winner is Audrey Holten. Thanks to everyone who submitted entries.

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GARDENING

#LAWN MAINTENANCE

Getting rid of lawn pests like sod webworm

By Erl Svendsen

My lawn did not survive the winter unscathed. Between the gravel and sand matting down the frost lawn, the voraciously active moose in the back lawn my untamed cat, its rita, coughed as the snow was melting and gradually and promptly brought rodents to their end and the per se more mould, my lawn has never looked worse. I am sure this is a common story. But there are even for lawn problems. Summer's pest problems are mostly due to insects. One of the main culprits is the sod webworm.

Sod webworms are the larval form of small brownish white grass moths, of which there are six and species. The moths are active at night, laying their eggs from July to September. They hatch during the day as the grass, in shrubs, and on tree trunks, starting up in a cloud when disturbed. The moths themselves cause no damage. Instead, it is their creamy white to dark grey and light brown headed larvae that cause damage as they eat off the grass blades, pulling them into their silken burrows at or just below the soil surface. The young caterpillars are winter in silken cocoons in the ground and begin feeding again in early spring before pupating and emerging as adult moths in early summer. There are several species whose greenish-grey overcast making it seem like the grass moth is active all summer.

Rarely found in a shady lawn, sod webworms are most often found in full sun, on slopes and sandy soils. Symptoms start out as irregular brown patches that appear in mid summer. Summer heat, drought and poor fertility can worsen the problem. However, a healthy lawn is the best defense. Richer soil, fertilization and good mowing can greatly reduce the impact of a sod webworm infestation.

To confirm you have sod webworms, check for recently clipped grass, small green pellets and for



The sod webworm grows to about 2 centimetres long and is a common lawn pest in the summer. (PHOTO BY KIM HAY)

worming in the thatch. Like the adult moths, the larvae are nocturnal so you'll rarely see them in the daytime. You can force them to the surface by applying a solution of lemon-scented dish detergent (1 to 2 teaspoons of soap per gallon of water) or with a one per cent pyrethrin solution applied in a two by two foot square over an affected area. The larvae should emerge after two to five minutes, allowing you to scout them and determine their size. The smaller they are, the easier to control. Contact your efforts on the edge of an affected patch as this is where they will be most active — they will have already moved out of the middle of

the brown patch as there will be little for them to feed on.

Two chemicals are registered for control in Canada. One is deltamethrin, a group 3 insecticide. The other is spinosad, a contact product derived from a soil organism and is approved for organic agriculture. A third option is a biocontrol agent — a naturally occurring entomopathogenic nematode, *Steinernema nematode*. It may be available as a concentrated solution at some garden centres and through online mail order companies.

Apply all control options according to label instructions. The best time to apply any of these controls is

as late in the day as possible, as close to when the larvae emerge from their protective silken burrows to begin feeding.

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ControlLaw is open for the season. "From the expert gardener to the first timer or even commercial business, all questions are welcome," says MaryAnn McArthur, Garden Law coordinator with the College of Agriculture and Forestry at the University of Saskatchewan. Call 306-966-0865 (long-distance charges apply) Monday to Thursday until Aug 31. Or send your questions to gardenlaw@usask.ca.



The sod webworm's web is not hard to eradicate but it will take diligence. (PHOTO COURTESY OF STEVE HALL)

SPACES

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SASKATCHEWAN'S BEST SPACES

Mid-century modern meets art gallery

By Ashley Martin

WHO? Anne Parker

WHAT? The living area and kitchen of her Hibiscus bungalow in Bismarck.

WHEN? The house was built in 1957 in a classic mid-century modern style. Parker bought the house about five years ago.

WHY? This house had been on Parker's radar for years. When the "for sale" sign went up, she knew the real estate agent and got a look inside, though she had no intention of buying a house at the time.

"When I walked through, I thought, 'I could see myself being here for the rest of my life,'" said Parker. "I just thought it was a great looking house and I love the windows in the living room. Just that amount of light coming into the house was really what I've always lived in older homes so you just don't get that kind of light when you have greater than full-story windows."

The living room has been great for entertaining, and Parker has taken to testing house concepts.

HOW? When Parker moved in, she didn't make any changes past painting. The previous owners had renovated making a more open concept design, tearing out a wall to open up the kitchen and turning two back rooms into a master with ensuite. Though the walls are white, the home is anything but plain. There are pops of colour through furniture and artwork. A runner rug from Morocco lies the living room to the rest of the home.

Parker has stayed true to the core of the home in some of her furniture choices, a green retro lounge chair and Eames kitchen chairs among them.

She opted to keep an old original fixture — a stone alone clock at the front entrance.

"It's like an island in the middle of the living room, but it's actually very functional. It provides a divider be-



tween the dining room and the door and you do need a closet."

The house is ideal for displaying Parker's art collection. The previous owners installed gallery-type lighting in the living room, and Parker has brought in staff from Acacia Bay to hang the pieces.

"They'll go through the house and

they don't have these preconceived notions about this piece goes in the living room, this one goes in the dining room. They just mix everything up and just hang it all."

Her new favourite piece is a green painting with birds, which she recently bought in Vietnam.

"We'd stayed on boats that are like



BRIDGES PHOTOS BY BRYAN SCHLOSSER

the boats in the painting, so it actually has some real resonance with me."

Another favourite is a painting on the fireplace by Regine artist, Jane Nuttall.

"Those are the doors of Luther High School gym. I made people push Nobody yet has guessed."

Though the owners over the floor to ceiling living room windows is the house ideal in the summer, Parker does plan to replace the windows, which are original to the house. She also plans to install a gas fireplace as the wood-burning inside fireplace doesn't draw well.

SPACES



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